

FOR IMMEDIATE RELEASE



Intuitive Healer Kumari joins 39 Women Co-Authors Who Share Their Stories to Help Other Women on International Women's Day, March 8th

Book Launch: *Empowering Transformations for Women*

March 8, 2011 – International Women's Day marks the celebration of women across the globe. It also marks the launch of the inspirational and moving book, *Empowering Transformations for Women ~ True Stories of Purpose, Faith and Action to Guide You Through Your Ever-Unfolding Personal and Professional Life*. This empowering new anthology book by Powerful You! Publishing (\$19.95, ISBN 978-1-4507-5908-3) is a collection of stories by 40 women from various backgrounds.

The authors share their individual stories of transformation through adversity, self-discovery and spiritual awakening. The stories reveal the authors' less-than-ideal circumstances and emotional struggles—including loss, divorce, abuse, neglect, lack of connection, self-esteem issues and more—to their current state of being, which is one of empowerment, joy and self-love.

Kumari Mullin (www.KumariHealing.com) shares her unique journey from civil rights attorney to Reiki Master Healer and animal intuitive. The authors chose to tell their stories as a way to assist and provide hope and direction for other women who may be experiencing similar situations in their lives: The idea being that if the authors have made changes that work for them, others can too.

"The authors of this book dug deep into their hearts to provide truthful accounts of their journey through some pretty tough and touching circumstances. They are strong women and they deserve the peace of mind and freedom they now enjoy." says Sue Urda, one of the compilers and authors of the book.

The anthology book is compiled by Sue Urda and Kathy Fyler, Co-Founders of Powerful You! Inc., a connections company designed for business, personal and spiritual growth.

For details and to purchase the book *Empowering Transformations for Women* visit www.etfwomen.com. Those who **purchase the book on March 8th** through the website will **receive 50+ inspirational and useful bonus gifts**. The book is also available on Amazon.com.

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MEDIA: For a review copy and interviews, please contact Kathy at 973-248-1262

Contact: Kathy Fyler, info@powerfullyou.com, (973) 248-1262

Website: www.etfwomen.com